

Prof. Dr. Sabine Hubbertz-Josat has been a professor in the Bachelor's degree program in Medical Education and in the Master's degree program in Medical and Health Education at the SRH University of Applied Sciences of Health Leverkusen Campus since October 2020.

Prof. Dr. Sabine Hubbertz-Josat successfully completed her studies in Nursing Science at the University of Witten/Herdecke in 2002 with a Bachelor of Science in Nursing and in 2004 with a Master of Science in Nursing. As a registered health and pediatric nurse, she worked at the University Hospital Essen in an intensive care unit for adults and children at the Clinic and Polyclinic for Bone Marrow Transplantation, was a research assistant and education coordinator at the University of Witten/Herdecke, managed a nursing home for the elderly as a managing director, and was most recently the managing partner of a practice for mind body medicine.

Prof. Dr. Sabine Hubbertz-Josat received her doctorate (Doctor rerum medicinalium) in 2008 from the Chair of Health Policy and Health Management at the Faculty of Medicine at the University of Witten/Herdecke on the topic of „Quality in inpatient care for the elderly in the Rhine/Ruhr area from the perspective of residents and relatives“.

Since 2005 Prof. Dr. Sabine Hubbertz-Josat has been a lecturer at various universities, most recently at the Heinrich Heine University Düsseldorf in the field of Mind Body Medicine, a new form of stress medicine.

As a trainer and lecturer in healthcare, Prof. Dr. Sabine Hubbertz-Josat has extensive experience in adult education. Her teaching focuses on qualitative research, subject didactics, communication, POL and nursing and health sciences. She combines relational didactics, which focus on the learner and his or her learning process, with varied teaching methods.

Prof. Dr. Sabine Hubbertz-Josat has volunteered as a mentor in various mentoring programs.

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